

STAFF

MENU



VIDA BEACH RESORT MARASSI AL BAHRAIN



ALL DAY BREAKFAST

CHOICE OF EGGS

6.5

Served with Sausage, Bacon, Baked Beans, Potato Rosti, Tomatoes, Sautéed Mushrooms, Toasted Baguette and Greens

TO START YOUR DAY

SERVED FROM 11 AM TO 11 PM

SOUPS

LENTIL SOUP (V)

4

Crispy Pita Bread and Black Lemon Flavor

TOMATO AND BASIL SOUP (V)

4

Served With Garlic Croutons

CHICKEN NOODLE SOUP

5

Chicken Breast, Bean Sprout, Spring Onion, Seasonal Vegetable

SALADS

WATERMELON CHUNKS AND FETA (N) (D) (GF) (V)

5.5

Arugula, Nuts, Balsamic Dressing

CAESAR (SF)

4

Romaine Lettuce, Parmesan, Beef Bacon, Boiled Eggs, Garlic Croutons, Anchovy, Caesar Dressing

Chicken	2
Grilled Prawns	2.5

PRAWN TEMPURA (SF)

8

Crunchy Cabbage Salad, Mango, Avocado, Creamy Spicy Sauce

QUINOA POKE BOWL (GF) (VG)

5

Grapes, Pomegranate, Avocado, Cherry Tomato, Cucumber, Fresh Basil and Coriander

OUR FOOD AND BEVERAGE PHILOSOPHY IS LOCAL, ORGANIC, FRESH AND SUSTAINABLE.

(V) VEGETARIAN (P) PORK (N) NUTS (D) DAIRY (GF) GLUTEN FREE (A) ALCOHOL (SF) SEAFOOD (VG) VEGAN  SUSTAINABLY CERTIFIED
ALL PRICES ARE IN BAHRAINI DINARS AND INCLUSIVE OF 5% GOVT LEVY, 10% VAT AND 10% SERVICE CHARGE

MEZZEH

HUMMUS (V) (VG) Chickpea Purée with Olive Oil, Tahini Sauce and Lemon Juice	3
MOUTABAL (N) (VG) Roasted Eggplant with Tahini Sauce and Lemon Juice	3
BABA GHANOUJ (VG) Grilled Eggplant with Onion, Tomato, Garlic Lemon Juice and Olive Oil	3
VINES LEAVES (VG) Stuffed Vine Leaves with Vegetable and Rice	3
MAKANEK Sautéed in Pomegranate Molasses, Garlic, Parsley and Lemon Juice	3.5
FATTOUSH (VG) Romaine Lettuce, Cucumber, Tomato, Radish, Mint Leaves, Zaatar, Pita Crisp, Sumac Vinaigrette with Pomegranate Molasse	3
LAMB KIBBEH (N) Croquette of Minced Lamb and Bulgur Served with Tahini Sauce	4.5
ASSORTED COLD MEZZEH (N) (V) Hummus, Moutabel, Vine Leaves, Baba Ghanouj, Pickles and Olives and Arabic Bread	8
ASSORTED HOT MEZZEH (N) Spinach Fatayer, Cheese Sambousek, Lamb Kibbeh, Meat Sambousek, Falafel and Tahini Sauce	8

LIGHT BITES

HOMEMADE SPRING ROLLS (VG) Kale, Carrot, Onions, Shitake Mushrooms, Ponzu And Sweet Chili Sauce	5.5
PATATAS BRAVAS (D) (GF) (VG) Chili & Garlic Mayonnaise, Fresh Herbs	4
SUN DRIED TOMATO BASIL AND OLIVES TAPENADE With Crostini	4
EDAMAME (VG) (GF) Steamed Edamame, Sea Salt, Espelette Chili	3.5
JALAPENOS CHILI CHEESE NUGGETS (D) Pico De Galo A Guacamole	6.5
POPCORN CHICKEN (D) Smoky Chipotle Relish, Yogurt Lime & Cilantro	6.5





SANDWICHES & BURGERS

CRISPY FRIED CHICKEN WRAP (D) (SF) Romaine Lettuce, Tomato, Parmesan, Caesar Dressing	6.5
AVOCADO AND CHEESE CLUB SANDWICH (D) (V) Hard-Boiled Egg, Cheese, Avocado And Spicy Sriracha Sauce	7.5
HAM AND CHEESE PANINI (D) Turkey Ham And Cheddar, Pommery Mustard Mayonnaise	6.5
ANGUS BEEF BURGER (D) Lettuce, Tomato, Comté Cheese, Mushrooms, Onions, Pickles	9.5
CAJUN SPICED CHICKEN BURGER (D) Tomato, Avocado, Red Onion	8
VEGAN FALAFEL POCKET Lettuce, Tomato, Mint Leaves Arabic Pickles, Tahini Sauce With French Fries	5.5
GRILLED HALLOUMI CHEESE WRAP (V) (D) Cabbage Slaw, Tomato, Cucumber, Lettuce And Lemon Mint Yogurt	6.5

HAPPY HOUR BITES

SERVED FROM 5PM TO 9PM

BREAD CRUST QUICHE (D) (V) Onions Confit And Mushroom Baked Tart	4.5
CHEESE SELECTION (D) (N) Selection from our International Cheese, Crackers and Figs Preserves	4
PORK COLD CUT "CHARCUTERIE" (P) Selection Of Dry Cured Sausage With Gherkins And Bread	6

SWEETS

CHECK OUT OUR VITRINE FOR MORE HOMEMADE PASTRIES

ASSORTED ICE CREAM & SORBET (PER SCOOP) Ask our crew for the daily selection of ice cream and sorbet of the day	2
SEASONAL FRUIT PLATTER (VG) Assorted Sliced Fruit With Organic Honey	5

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BEVERAGES

AFTERNOON TEA

SERVED FROM 3PM TO 5PM

Enjoy a specially curated Afternoon Tea set with handcrafted sandwiches, freshly baked scones and pastries prepared daily by our culinary team. Complimented with our selection of premium Flowering Teas from England.

26
PER
SET

PREMIUM TEA SELECTION

3.5

JASMINE LOTUS

A beautifully hand-crafted flowering tea made from green tea leaves tied around a pink amaranth flower.

RISING FLOWER

Crafted artisanal from green tea leaves sewn around marigold flowers to produce a visually stunning floral display.

BLUEBERRY

A fruity, floral green tea infused with the smooth taste of blueberry and notes of sweet jasmine.

KHUS GARDEN

The Khus herb, also known as Vetiver, offers a delicate green tea base with a refreshing and citrus after taste.

HOMEMADE ICED TEA SELECTION

3.5

PEACH, LEMON, PASSION FRUIT, MIXED BERRIES AND MATCHA

SMOOTHIES & SHAKES

APPLE CARAMEL SMOOTHIE

3

Peeled Apple, Yoghurt Honey, Caramel Syrup

PASSIONATE STRAWBERRY

3

Strawberries, Vanilla Ice Cream, Honey, Passion Fruit Syrup, Almond Milk

BLUEBERRIES SPLASH

3

Fresh Blueberries, Yoghurt, Honey, Agave Syrup, Milk

FRESH JUICES

3.5

Orange, Watermelon, Pineapple, Lemon and Mint

SOFT DRINKS

2.75

ENERGY DRINKS

4

RED BULL ENERGY DRINK, RED BULL SUGAR FREE

HOT DRINKS

4

TRADITIONAL MOROCCAN TEA

TEA SELECTION

2.4

ENGLISH BREAKFAST, EARL GREY, DARJEELING, CHAMOMILE, PEPPERMINT, CLASSIC GREEN, JASMINE

COFFEE SELECTION

3

ESPRESSO, DOUBLE ESPRESSO, CAPPUCCINO, LATTE, AMERICANO



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MOCKTAILS & DETOXES

VIDA'S PACKED PEAR PUNCH

Pear, Green Apple Syrup, Cucumber, White Grape

VIDA'S SURPRISE CRUNCH

Mango Juice, Orange Juice, Lemon, Juice, Mint Syrup, Mint Leaves

LEMONA

Citrón, Listy Mäty, Med

DEFENDER

Carrot Juice, Pomegranate Juice, Pineapple Juice

CLEANSE

Carrot Juice, Orange Juice, Soya, Milk, Honey

FRESCA

Mint Leaves, Honey, Orange Juice, Lime Juice

FRUITIFY

Green Apple Syrup, Mango Juice, Orange Juice, Honey

3

STILL & SPARKLING WATER

EVIAN STILL / SPARKLING 330ML 2 | 2.5

EVIAN STILL / SPARKLING 750ML 3 | 3.5

LOCAL WATER 500ML / 1000ML

SELECTED CLASSICS

MANHATTAN 6.5

Maple Infused Bourbon, Sweet Vermouth, Bitter

SIDE CAR 6.5

Brandy Vsop Elegance, Triple Sec, Lime Juice

AMERICANO 5

Campari, Rosso Vermouth, Soda

SINGAPORE SLING 6.5

Gin, Cherry Brandy, Cointreau, Pineapple Juice, Lime Juice,

Angostura Bitter

MARGARITA 6

Tequila, Triple Sec, Lime Juice

MAI TAI 6

Rhum, Apricot Brandy, Orgit Syrup, Lime Juice

PINA COLADA 6.5

Rhum, Malibu, Coconut Cream, Coconut Syrup, Pineapple Juice

MOSCOW MULE 6

Vodka, Lime, Ginger Beer

SHOOTERS

B54 4.5

Kahlua, Baileys Irish Cream Amaretto

SOUR BERRY 4.5

Raspberry Vodka, Berry Liquor

SAMBA 4.5

Rhum, Malibu, Midori, Grenadine

TO DIE FOR 4.5

Scotch Whisky, Tequila



READY TO DRINK

SMIRNOFF ICE 6.5

APERITIF

MARTINI (DRY, BIANCO, ROSSO) 2.4

CAMPARI 2.4

RICARD, PERNOD 2.4

PIMM'S 2.4

APEROL 2.4

GIN SPECIALS

BEES KNEES 3.5

Gin, Lime Juice, Honey Syrup

NEGRONI 3

Gin, Sweet Vermouth, Campari

MARTINI 50/50 3

Gin, Dry Vermouth, Orange Bitter

YUZU SOUR 3

Fresh Gin, Yuzu Liqueur, Lemon Juice, Yuzu Syrup, Egg White

HALF PINT | PINT

DRAUGHT BEER 3 | 5.5

HEINEKEN

AMSTEL LIGHT

STAROPRAMEN

BOTTLED BEER 5.5

STELLA ARTOIS

HEINEKEN

CORONA

PERONI

BUDWEISER

CIDER

STRONGBOW 5

SAVANA DRY 6.5

GIN

BOMBAY SAPPHIRE 5.5

TANQUERAY 5.5

CHASE 5.5

GIN MARE 5.5

SIP SMITH 6.1

HENDRICKS 6.7

MONKEY 47 8.5

RUM

HAVANA CLUB 3 ANOS 3.6

BACARDI SUPERIOR 4.5

CAPTAIN MORGAN SPICED 4.5

CACHACA 4.5

HAVANA CLUB 7 ANOS 4.9

BACARDI ORO GOLD 4.9



SINGLE MALT

GLENFIDDICH 12Y	7.3
MACALLAN 12Y	8.5
MACALLAN 18Y	24.5
DALMORE 12Y	10.3
DALMORE 15Y	15.8

IRISH

JAMESON	4.9
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BOURBON

WOODFORD RESERVE	7.9
JACK DANIELS OLD NO 7	5.5
FOUR ROSES	4.5



COGNAC

REMY MARTIN VSOP	9.1
HENNESSY VSOP	9.1
HENNESSY XO	24.3
HENNESSY PARADIS	84.9

CALVADOS

LOUIS FERRANT XO	3
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SCOTCH

CHIVAS 12Y	7.3
CHIVAS ROYAL SALUTE 21Y	24.3
JOHNNY WALKER RED LABEL	3.6
JOHNNY WALKER BLACK LABEL	7.3
JB RARE	4.9
CUTTY SARK	3

LIQUOR

BAILEYS IRISH CREAM	5.5
DISARONNO AMARETTO	5.5
COINTREAU	5.5
GRAND MARNIER	5.5
MALIBU	3.6
MIDORI MELON	3.6
KAHLUA	3.6
GALIANO	3.6
SAMBUCA	3
AMARULA	3.6
TIA MARIA	4.2
DRAMBUIE	3.6
SOUTHERN COMFORT	3.6
JÄGERMEISTER	3.6

PORT AND SHERRY

TIO PEPE SHERRY	5
DOWS LBV2009	3.6

PEARS AND PEACHES

POIRE WILLIAMS	3.6
PEACH SCHNAPPS	3.6

TEQUILA

OCHO 888 100% AGAVE	4.9
JOSE CUERVO 1800 REPOSADO	4.9
PATRON SILVER	6.7
PATRON REPOSADO	6.7

CHAMPAGNE

PERRIER JOUET BRUT	BOTTLE	91
VEUVE CLIQUOT		182
VEUVE CLIQUOT BRUT ROSE		212
DOM PERIGNON		455
KRUG GRAND CUVÉE		485

SPARKLING WINE

VOGA PROSECCO	GLASS BOTTLE	6.0 25
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A fresh and delicate taste with an aromatic finish

WHITE WINES

KWV, CHENIN BLANC	GLASS BOTTLE	5 26
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FORTANT TERROIR, ALTITUDE, CHARDONNAY		5 26
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ARROGANT FROG, SAUVIGNON BLANC		5 26
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LAMBERTI PINOT GRIGIO		26
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Attractive light floral notes with hints of honey and citrus

ALTANO DOURO BY SYMINGTON		30
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Wonderfully fresh on the palate with apricot and peach flavors from malvasia

HUGEL GENTIL, GEWUZTRAMINER		30
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Fruity and floral white wine, with a soft and juicy taste

CANTINA ZACCAGNINI, PINOT GRIGIO		34
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A tropical fruit bouquet and extremely pleasant aromas

JULIETTE SAUVIGNON BLANC		36
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Fresh green melon flavors that excite the senses

MICHEL LYNCH NATURAL ORGANIC		39
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An excellent wine to be enjoyed with seafood. Traditionally Sauvignon Blanc and Semillon

MATUA SAUVIGNON BLANC		42
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Deliciously pure, bursting with citrus notes

MOUTON CADET BARON DE ROTHSCHILD		42
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Fresh with attractive lime and citrus flavours

KOONUNGA HILL, CHARDONNAY		49
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Fresh and quite zippy on the palate

SANCERRE, DOMAINE TASSIN, SAUVIGNON BLANC		55
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Nice upfront acidity gives the wine depth

GAVI DI GAV, BATASIOLO		61
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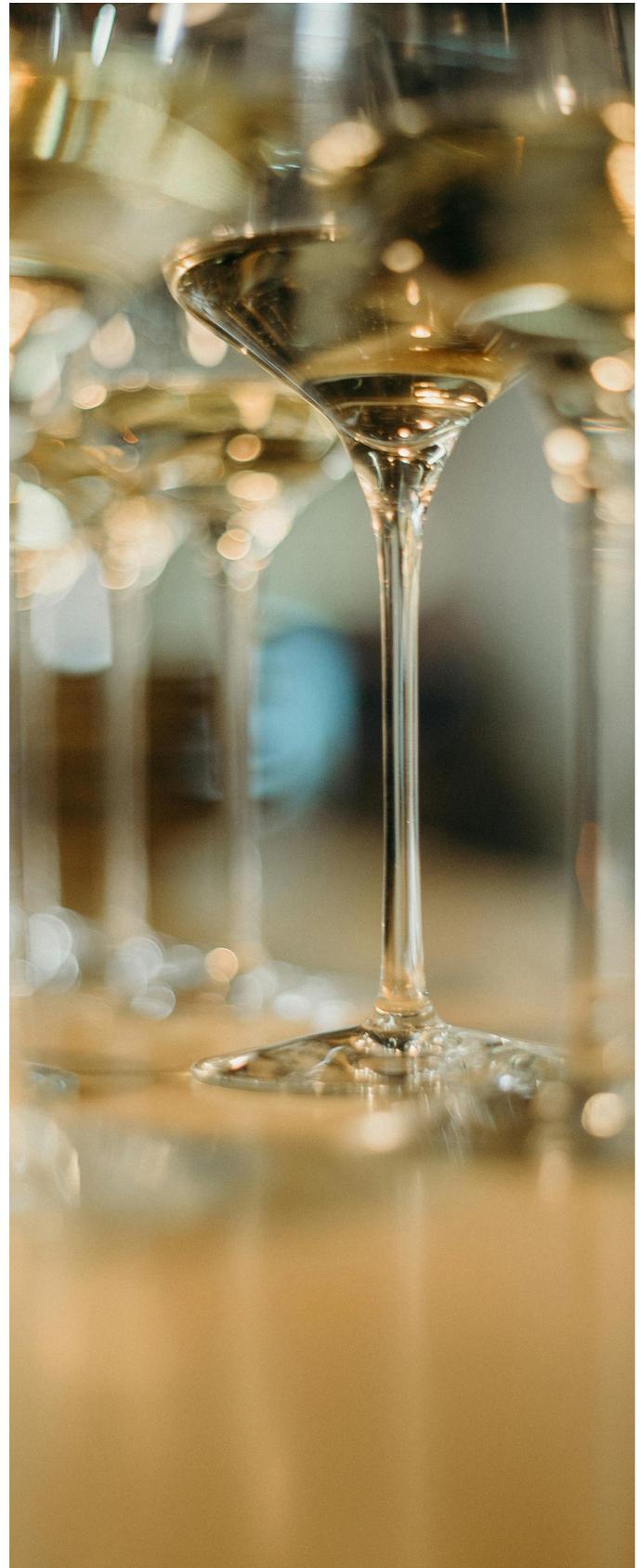
Typically taste somewhere between citrus, melon, and peach from cortese grapes

POUILLY FUISSÉ, DOMAINE DES SANSONNETS		103
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Wonderful and crisp balancing acidity

PETIT CHABLIS, BOUCHARD AINE AND FILS		103
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Very fruity nose with highly expressive notes of citrus



ROSÉ WINES

LES CALENDIERES MEDITERRANEAN

GLASS | BOTTLE

5.5 | 22

FLEURS DE PRAIRIE

A perfect companion with a meal or as an aperitif

42

CHATEAU DE FERRAGES MAGNUM

Fresh, well-balanced and smooth

97



RED WINES

DOUGLAS GREEN SHIRAZ

GLASS | BOTTLE

5.5 | 22

FORTANT TERROIR PINOT NOIR

5.5 | 22

CALVET VARIETALS MERLOT

5.5 | 22

WOODBIDGE BY ROBERT MONDAVI PINOT NOIR

Toasted oak aging adds hints of smoke

34

BAROSSA INK SHIRAZ CABERNET

Intense purple red in color with great density

36

CÔTES DU RHÔNE VILLAGE PLAN DE DIEU

Structured yet approachable with typical Shiraz

36

ELEIVERA DOURO TINTO

Touriga, Elegant, Soft with a Nice Structure

39

MONTEPULCIANO D'ABRAZO

With Strong Aromas and Flavors

40

PICCINI COLLEZIONE ORO CHIANTI RESERVA

Intense and Persistent Fruity Bouquet

42

CAPITOR BORDEAUX

A Classically Elegant Bouquet of Ripe Berries

42

MICHEL LYNCH NATURE ORGANIC

Silky Smooth Tannins and a Nice Flavorful Finish of Merlot

42

MOUTON CADET BARON DE ROTHSCHILD

Offers Aromas of Ripe Black Fruit Combined with Smoke and Toast

48.5

STE. MICHELLE VINEYARDS, CABERNET

SAUVIGNON

Sauvignon A Fabulous Aroma Full of Ripe Berries, Plenty of Spice, Licorice, Vanilla

55

TERRAZAS RESERVA MALBEC

Intense Floral and Fruity Notes

55

CHÂTEAU PUY-BLANQUET SAINT EMILION

GRAND CRU

Blended, Full and Generous on The Palate, Structured with Elegant Tannins

97

CHÂTEAU DU TERTRE GRAND CRU

CLASSE MARGAUX

The Sweet Cherry Finish Makes this Wine Easy to Drink

40