

STAFF

MENU



VIDA BEACH RESORT MARASSI AL BAHRAIN



ALL DAY BREAKFAST

CHOICE OF EGGS

6.5

Served with Sausage, Bacon, Baked Beans, Potato Rosti, Tomatoes, Sautéed Mushrooms, Toasted Baguette and Greens

TO START YOUR DAY

SERVED FROM 11 AM TO 11 PM

SOUPS

LENTIL SOUP (V)

4

Crispy Pita Bread And Black Lemon Flavor

TOMATO AND BASIL SOUP (V)

4

Served With Garlic Croutons

CHICKEN NOODLE SOUP

5

Chicken Breast, Bean Sprout, Spring Onion, Seasonal Vegetable

SALADS

WATERMELON CHUNKS AND FETA (N) (D) (GF) (V)

5.5

Arugula, Nuts, Balsamic Dressing

CAESAR (SF)

4

Romaine Lettuce, Parmesan, Beef Bacon, Boiled Eggs, Garlic Croutons, Anchovy, Caesar Dressing

Chicken	2
Grilled Prawns	2.5

PRAWN TEMPURA (SF)

8

Crunchy Cabbage Salad, Mango, Avocado, Creamy Spicy Sauce

QUINOA POKE BOWL (GF) (VG)

5

Grapes, Pomegranate, Avocado, Cherry Tomato, Cucumber, Fresh Basil and Coriander

MEZZEH

HUMMUS (V) (VG) Chickpea Purée with Olive Oil, Tahini Sauce and Lemon Juice	3
MOUTABEL (N) (VG) Roasted Eggplant with Tahini Sauce and Lemon Juice	3
BABA GHANOUJ (VG) Grilled Eggplant with Onion, Tomato, Garlic Lemon Juice and Olive Oil	3
VINES LEAVES (VG) Stuffed Vine Leaves with Vegetable and Rice	3
MAKANEK Sautéed in Pomegranate Molasses, Garlic, Parsley and Lemon Juice	3.5
FATTOUSH (VG) Romaine Lettuce, Cucumber, Tomato, Radish, Mint Leaves, Zaatar, Pita Crisp, Sumac Vinaigrette with Pomegranate Molasse	3
LAMB KIBBEH (N) Croquette of Minced Lamb and Bulgur Served with Tahini Sauce	4.5
ASSORTED COLD MEZZEH (N) (V) Hummus, Moutabel, Vine Leaves, Baba Ghanouj, Pickles and Olives and Arabic Bread	8
ASSORTED HOT MEZZEH (N) Spinach Fatayer, Cheese Sambousek, Lamb Kibbeh, Meat Sambousek, Falafel and Tahini Sauce	8

LIGHT BITES

HOMEMADE SPRING ROLLS (VG) Kale, Carrot, Onions, Shitake Mushrooms, Ponzu And Sweet Chili Sauce	5.5
PATATAS BRAVAS (D) (GF) (VG) Chili & Garlic Mayonnaise, Fresh Herbs	4
SUN DRIED TOMATO BASIL AND OLIVES TAPENADE With Crostini	4
EDAMAME (VG) (GF) Steamed Edamame, Sea Salt, Espelette Chili	3.5
JALAPENOS CHILI CHEESE NUGGETS (D) Pico de Galo and Guacamole	6.5
POPCORN CHICKEN (D) Smoky Chipotle Relish, Yogurt Lime & Cilantro	6.5



SANDWICHES & BURGERS

CRISPY FRIED CHICKEN WRAP (D) (SF) Romaine Lettuce, Tomato, Parmesan, Caesar Dressing	6.5
AVOCADO AND CHEESE CLUB SANDWICH (D) (V) Hard-Boiled Egg, Cheese, Avocado And Spicy Sriracha Sauce	7.5
HAM AND CHEESE PANINI (D) Turkey Ham And Cheddar, Pommery Mustard Mayonnaise	6.5
ANGUS BEEF BURGER (D) Lettuce, Tomato, Comté Cheese, Mushrooms, Onions, Pickles	9.5
CAJUN SPICED CHICKEN BURGER (D) Tomato, Avocado, Red Onion	8
VEGAN FALAFEL POCKET Lettuce, Tomato, Mint Leaves Arabic Pickles, Tahini Sauce With French Fries	5.5
GRILLED HALLOUMI CHEESE WRAP (V) (D) Cabbage Slaw, Tomato, Cucumber, Lettuce And Lemon Mint Yogurt	6.5

HAPPY HOUR BITES

SERVED FROM 5PM TO 9PM

BREAD CRUST QUICHE (D) (V) Onions Confit And Mushroom Baked Tart	4.5
CHEESE SELECTION (D) (N) Selection from our International Cheese, Crackers and Figs Preserves	4
PORK COLD CUT "CHARCUTERIE" (P) Selection Of Dry Cured Sausage With Gherkins And Bread	6

SWEETS

CHECK OUT OUR VITRINE FOR MORE HOMEMADE PASTRIES

ASSORTED ICE CREAM & SORBET (PER SCOOP) Ask our crew for the daily selection of ice cream and sorbet of the day	2
SEASONAL FRUIT PLATTER Assorted Sliced Fruit With Organic Honey	5



AFTERNOON TEA

SERVED FROM 3PM - 5PM

Enjoy a specially curated Afternoon Tea set with handcrafted sandwiches, freshly baked scones and pastries prepared daily by our culinary team. Complimented with our selection of premium Flowering Teas from England. 🌿

13
PER
PERSON

PREMIUM TEA SELECTION 🌿 3.5

JASMINE LOTUS

A beautifully hand-crafted flowering tea made from green tea leaves tied around a pink amaranth flower.

RISING FLOWER

Crafted artisanal from green tea leaves sewn around marigold flowers to produce a visually stunning floral display.

BLUEBERRY

A fruity, floral green tea infused with the smooth taste of blueberry and notes of sweet jasmine.

KHUS GARDEN

The Khus herb, also known as Vetiver, offers a delicate green tea base with a refreshing and citrus after taste.

HOMEMADE ICED TEA SELECTION 3.5

PEACH, LEMON, PASSION FRUIT, MIXED BERRIES AND MATCHA

STILL & SPARKLING WATER

EVIAN 330ML / PERRIER 250ML

2

EVIAN 750ML / PERRIER 750ML

3 | 3.5

HOT DRINKS

TRADITIONAL MOROCCAN TEA

4

TEA SELECTION 🌿

2.4

Earl Grey, English Breakfast, Jasmine

FRESHLY BREWED COFFEE SELECTION 🌿

3

Espresso, Double Espresso, Cappuccino, Latte, Americano

ASK OUR VIDA BARISTA'S SELECTION 🌿

3.5

Cortados, Frappuccinos, Iced Latte, Iced Dark Chocolate Mocha and more

SMOOTHIES & SHAKES 3

APPLE CARAMEL SMOOTHIE

Peeled Apple, Yoghurt Honey, Caramel Syrup

PASSIONATE STRAWBERRY

Strawberries, Vanilla Ice Cream, Honey, Passion Fruit Syrup, Almond Milk

BLUEBERRIES SPLASH

Fresh Blueberries, Yoghurt, Honey, Agave Syrup, Milk

FRESH SQUEEZED JUICES 3.5

ORANGE, PINEAPPLE, WATERMELON, APPLE, MIXED BERRIES

SOFT DRINKS 2.75

COKE, DIET COKE, SPRITE, DIET SPRITE, FANTA

ENERGY DRINKS 4

RED BULL ENERGY DRINK

RED BULL SUGAR FREE



TO SIP

MOCKTAILS & DETOXES

VIDA'S PACKED PEAR PUNCH

Pear, Green Apple Syrup, Cucumber, White Grape

VIDA'S SURPRISE CRUNCH

Mango Juice, Orange Juice, Lemon Juice, Mint Syrup, Mint Leaves

LEMONA

Lemon, Mint Leaves, Honey

CLEANSE

Carrot Juice, Orange Juice, Soya Milk, Honey

ORGABLEND

Pomegranate, Green Apple Syrup, Carrot Juice, Apple Juice

FRUITIFY

Green Apple Syrup, Mango Juice, Orange Juice, Honey



3

THE CLASSICS

MANHATTAN

Bourbon Whisky, Cherry Syrup, Angostura Bitter, Sweet Vermouth, Campari, Maple Infused Bourbon

6

AMERICANO

Campari, Rosso Vermouth, Soda

5

SOUR BERRY

Raspberry Vodka, Berry Liqueur

4.5

SINGAPORE SLING

Gin, Benedictine Liqueur, Grand Marnier, Cherry Brandy, Pineapple Juice, Lime Juice, Angostura Bitter

6.5

MARGARITA

Tequila, Triple Sec, Lime Juice, Sugar Syrup

6

MAI TAI

Dark Rhum, Apricot Brandy, Orgit Syrup, Lime Juice

6

PINA COLADA

Dark Rhum, Malibu, Coconut Cream, Coconut Syrup, Fresh Cream, Pineapple Juice

6.5

READY TO DRINK

SMIRNOFF ICE, BACARDI BREEZER

6.5

DRAUGHT BEER

HEINEKEN
AMSTEL LIGHT
BUDWEISER

HALF PINT **PINT**

3 5.5
3 5.5
3 5.5

BOTTLED BEER

STELLA ARTOIS, HOEGAARDEN, LEFFE BLOND, HEINEKEN, CORONA, PERONI, BUDWEISER

5.5

CIDER

BULMER'S, STRONGBOW

5

STOUT

GUINNESS

7.3

PREMIUM BUBBLY

PERRIER JOUET BRUT
VEUVE CLICQUOT
VEUVE CLICQUOT BRUT ROSE
DOM PERIGNON
KRUG GRAND CUVEE

BY GLASS **BTL**

25 91
182
212
455
485

MORE FROM OUR SOMMELIER'S SELECTION FOR THE WINE LOVERS

(V) VEGETARIAN (P) PORK (N) NUTS (D) DAIRY (GF) GLUTEN FREE (A) ALCOHOL (SF) SEAFOOD (VG) VEGAN  SUSTAINABLY CERTIFIED

ALL PRICES ARE IN BAHRAINI DINARS AND INCLUSIVE OF 5% GOVT LEVY, 10% VAT AND 10% SERVICE CHARGE